



Women's self-defense system

SHIELD Empowerment Newsletter

Domestic Violence Awareness Month - Oct 2007

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SHIELD Newsletter

Oct 2007

"A woman is like a tea bag. You never know how strong she is until she gets into hot water." - Eleanor Roosevelt

Greetings,

3rd Quarter 2007 was a busy time for SHIELD. We've been working extensively with various organizations, helped organized events, and taught self defense at many locations throughout LA County. We are working with the LA Co Commission for Women, the LA Co Domestic Violence Council, America's Most Wanted TV Show, 20th Century FOX, Glendale Commission on the Status of Women, AAUW (American Association of University Women), NOW (National Organization for Women), PAVE (Promoting Awareness, Victim Empowerment), Crime Survivors Inc., and others, for the purpose of empowering women.

SHIELD now offers Lunch & Learn program for large employers, teaching personal safety and self defense for women. The program has been very well received at the FOX Studios, and requests from other large organizations are beginning to come in.

Two new classes in Santa Monica start Oct. 18 and Oct 31. See

Upcoming SHIELD Classes

New Classes in Santa Monica

Thursdays
Oct 18 - Nov 22
7:00 - 8:30 PM

Wednesdays
Oct 31 - Dec 5
7:00 - 8:30 PM

Classes meet for 90 min,
once a week for 6 weeks.

Space is limited - Max 10 students in a class. Tuition is \$199. Register early.

[Register Now](#)

Friends of SHIELD

[LA Co Commission for Women](#)

[LA Co Domestic Violence Council](#)

[Glendale Commission on the Status of Women](#)

[America's Most Wanted TV Show](#)

[20th Century FOX](#)

[YWCA Glendale](#)

[PAVE: Promoting Awareness, Victim Empowerment](#)

[50/50 Leadership](#)

[Women Lawyers Association of LA Co](#)

[AAUW - American Association of University Women California](#)

[NOW - National Organization for Women - Hollywood](#)

[Crime Survivors Inc.](#)

Join Our List

[Join Our Mailing List!](#)

schedule on the left.

Sincerely,

Nelson Nio

Founder

SHIELD Women's Self Defense

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www.shieldselfdefense.com

Rosie Camp - Intensive Summer Camp for Girls

Commission on the Status of Women - Glendale

July & Aug

SHIELD teaches 60 teenage girls at both sessions of the Rosie Goes to Wall Street Summer Camp. The Camp was organized by the Commission on the Status of Women in Glendale for girls ages 14 to 18 years old. Each session of the Camp lasts for 3 weeks, and it teaches financial literacy, career options, dating violence, healthy living, and self defense. Sponsored by the City of Glendale and the Women's Foundation of California, and funded by Soroptimist International of Glendale.



Coalition for Women's Safety & Empowerment

Women Leaders Met in Beverly Hills

August

SHIELD led the Coalition for Women's Safety & Empowerment. 12 leaders of various organizations joined in to discuss some impactful initiatives that can be implemented immediately to enhance women's safety and empowerment. Some of the attendees include the President of LA Co Commission for Women, Exec Dir of LA Co Domestic Violence Council, President of Women Lawyers Association, Executive in charge of Production for America's Most Wanted TV Show, Author of Beauty Bites Beast, Founder of PAVE, Founder of 50/50

Leadership, and the highest ranking female officer in the history of LAPD, Sharon Papa.

[Read more...](#)

SAFE, STRONG & SEXY - A Night of Empowerment!

PAVE: Promoting Awareness, Victim Empowerment
September

As a part of PAVE's westcoast tour, the even was produced to shatter the silence of sexual violence with music, poetry, comedy, women's self defense & special treats!

World Renowned Comic Betsy Salkind and Jennie McNulty, Award Winning singer, writer & actress Rose Weaver, plus Angela Shelton, SHIELD Women's Self Defense, Shannon Bobo, and PAVE Founder Angela Rose.

20th Century FOX

Lunch & Learn at the FOX Studios
September

SHIELD teaches women's self defense and personal safety to the women of FOX at the FOX Studios in Century City. The event was sold out to over 120 women from FOX within a couple of hours after the announcement, with many on the waiting list. SHIELD was requested to teach at the FOX Studio Lot for its employees on a regular basis.

Crime Survivors 5K Run/Walk

Join us!
October

NEW LOCATION
LOS ALAMITOS JOINT FORCES TRAINING BASE
4522 SARATOGA AVE.
(CROSS STREET KATELLA AT LEXINGTON)
LOS ALAMITOS , CA. 90720

PRE REGISTRATION AT WWW.ACTIVE.COM
CALL FOR MORE DETAILS (949) 872-7895
WWW.CRIMESURVIVORSRUNWALK.ORG

Annual CRIME SURVIVORS 5K RUN/WALK

HEALTH & SAFETY EXPO

SATURDAY OCTOBER 13, 2007

Special Guests:



Sheriff
Michael S. Carona
Orange County Sheriff's Department



General
James P. Combs
Los Alamitos Joint Forces
Training Base



Sheriff
Leroy D. Boca
Los Angeles Sheriff's Department



Special Appearance by
Angela Shelton
www.angelaselton.com

Thanks to our Sponsors

Platinum Sponsors



Gold Sponsors



Silver Sponsors



• Marcella Leach

Bronze Sponsors



• Orange County Supervisor Bill Campbell

In Kind Donations



Event Schedule

October 13, 2007

Los Alamitos Joint Forces Training Base
4522 Saratoga Ave.(Cross Street Katella at Lexington)
Los Alamitos , CA. 90720

7:00 am	Registration Begins
8:15 am	Warm Up
8:30 am	Special Guest Presentations
8:45 am	Survivors Dove Release
9:00 am	Run / Walk

10 am - noon Health & Safety Expo

[Register online!](#)

SHIELD Women's Self Defense is a practical and effective self defense system specifically created to empower women and eradicate sexual assaults and domestic violence. SHIELD trains in close range combat to be proficient to fight in tight quarters, using lower body strength to generate power, which is beneficial for women.

Visit us: www.shieldselfdefense.com